

Mackerel rillettes



2 people

10 min preparation time

None cooking time

All ingredients

- 1 tin of 176 g** la belle-iloise Mackerel fillets with White wine and Aromatic flavourings
- 5 teaspoons** cream cheese
- 1 teaspoon** chopped parsley
- Some** good bread

Steps

- 1- Drain the mackerel keeping just the fish
- 2- In a large bowl, gently combine all the ingredients, keeping some of the texture of the fish
- 3- Put in a terrine and chill thoroughly
- 4- Spread on the bread